

SPRING 2020

The magazine of the Rowlands Castle Association



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SPRING 2020

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The village magazine is published three times a year by the RCA. The aim of the Association is to conserve the character of Rowlands Castle, to provide a channel of communication on matters of local interest and to enhance the life of the village.

CONTRIBUTION GUIDELINES

The village magazine depends upon your contributions. If you wish to submit material for a future issue please follow the guidelines as set out below:

- Contributions should be between 200-300 words and if possible please provide at least one image (max 10MB) to accompany your article.
- Please send your image(s) as email attachments,
 NOT as part of a Word doc.
- Please send your copy/text as a 'Word' file or by email.
- Please DO NOT paste photos into a Word doc.
- Please DO NOT 'design' your contribution in Word or any other software.

PLEASE NOTE the deadlines below:

SPRING issue: 18th March
SUMMER issue: 18th June
AUTUMN issue: 18th October

PLEASE BE AWARE:

Late submissions might not be included.

/ ADVERTISE IN THIS MAGAZINE

The village magazine is funded entirely by advertising. If you would like to promote your business or services and advertise on these pages please contact Mark Dombey on the address: ads@rowlandscastle.com

/ THE GRAPEVINE

Grapevine is the village messaging service that sends out emails about events and important information connected to the village. To sign up, send a blank email to: grapevine@rowlandscastle.com

To post a message to the Grapevine send your email to info@rowlandscastle.com

/ COVER PICTURE

The Lavant in flow on the first day of spring.

RCA COMMITTEE 2020/2021

RCA ONLINE

ksprophoto.co.uk

www.facebook.com/rowlandscastleassociation/



/ RCA CHAIR REPORT

LETTER FROM THE CHAIR

Helen Penfold

This is not how we expected 2020 to be. A few weeks ago, it did not seem possible that we would be where we are now, and as we live in this very uncertain, scary time, it is difficult to know when life will feel normal again. I wanted to write about our plans for the commemoration and celebration of the 75th anniversary of VE Day, on Friday 8th May, but, sadly, we have now had to cancel this event – as events all across the country are being cancelled.

But there are positives too, and within hours of the government's recommendation that the over 70s should stay at home, a help group has been set by members of St John's Church, and supported by the parish council, the RCA, the RVS and Good Neighbours, to offer support. Over one hundred volunteers had signed up, offering help to others in the village. This is certainly a challenging time, but also an opportunity to help each other to get through the next few months.

The RCA AGM in February was well attended, and we were pleased to welcome new residents to our meeting. After the election of officers and committee members, Michael Prior, chief forester at Stansted Forest, gave a very interesting and helpful talk about the current situation in Stansted Forest and explaining why so many trees have had to be cut down recently – not just the ash trees suffering from ash dieback, but also large quantities of larch trees which are diseased, some conifers which have to be felled before they are too big to yield useful timber and the chestnut trees which need to be coppiced from time to time. Many questions followed Michael's talk – always a good indication of an interesting talk.



ARE YOU SIGNED UP TO GRAPEVINE?

Grapevine is the email messaging service run by the RCA. It is a great way, particularly at the moment, to know what is going on in the village, be it information from the Parish Council or other official organisations like the Police or to know about local events, whether they are being put on or being cancelled, and also more personal pleas for help relating to lost cats or found earrings.

Anyone can sign up for Grapevine by sending a blank email to grapevine@rowlandscastle.com and you can then post a message by sending it to info@ rowlandscastle.com. All messages are monitored by a member of the RCA committee to ensure they are suitable for Grapevine, and do not include inappropriate content. Only about half the village receive grapevine messages, which seems like a missed opportunity for the other half. Please give it a trial, if you are not already signed up to it.

Stay healthy and safe and let us continue as a village to look after each other in this uncertain time.

Helen Penfold chair@rowlandscastle.com 07557276242



CORONAVIRUS (COVID-19)THE AUTHENTIC GUIDELINES

These links come from the Public Health England, U.K. Government and the N.H.S.

PUBLIC HEALTH ENGLAND

https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance

UK GOVERNMENT

https://www.gov.uk/coronavirus

THE NATIONAL HEALTH SERVICE

https://www.nhs.uk/conditions/coronavirus-covid-19/

Follow the guidelines for the area you are in and you will be doing the best you can at this difficult time.

Remember to wash your hands thoroughly



/ RC PARISH COUNCIL NEWS

WHAT HAS THE PARISH COUNCIL BEEN UP TO?

Lisa Walker Clerk to Rowlands Castle Parish Council

Coronavirus/Covid-19 Pandemic

As I write this, the pandemic is escalating and the Government is asking that we all play our part in combating the virus by following Govt instructions. These are strange times and who knows what lies ahead however I have been very heartened by the reaction of this Parish to date. In conjunction with St John's Church Office, the Parish Office was pleased to offer practical help to the newly-formed RC Corona Help Service, founded and led by church-goers and supported by many other local organisations. Some 1400 postcards have been delivered to every dwelling in the Parish advertising the Service, together with posters, website and social media links about it, and over 100 local volunteers have registered to help those who are self-isolating with tasks such as shopping, dog-walking, prescription collection or a friendly telephone chat.

RCPC's website has a dedicated page giving contact details for the Service, together with information on the local businesses which are currently permitted to remain open. These businesses are part of our local community so please support them during the crisis so they are able to continue trading.

Parish Office staff are working from home with full access to all necessary emails and documents. We had hoped to provide more information on many of the projects described below at the Annual Parish Meeting on 27 April but sadly coronavirus has put paid to that and many other local events over the next few months. But this is a place with a strong sense of community, never more so than at times of crisis.

General

Over the last few months, we have bid a fond farewell to Elizabeth Longman and Peter Cross and we thank them both for their hard work whilst on the Parish Council. We are keen to fill the resultant vacancies as soon as possible so if you're interested in helping your local community by joining this proactive and apolitical Parish Council then contact us on Tel: 02392 413044 or Email: clerk@rowlandscastlepc.org.uk

In December, we decided our budget for the forthcoming financial year and you'll see from your Council Tax bills that there's been a very slight increase in our precept. More information on how we intend to spend this is available from our website.

The Parish Office continues to be kept very busy dealing with a variety of residents' comments and enquiries, all of which are reported to the monthly Council Mtgs. Councillors and staff have also attended a variety of meetings and training events over the last 5 months including Butser Community Partnership, Tree Wardenship, East Hants Association of Parish & Town Councils, Hampshire County Council and county branches of the Association of Local Councils and Society of Local Council Clerks, an on-line (courtesy of Covid-19) SSEN Distribution Stakeholder Workshop), East Hants Community Rail Partnership, Havant Thicket Reservoir Stakeholders and a SDNPA Town & Parish Council Workshop. Attendance at these events helps to keep councillors and staff well-informed and up-to-date with local government legislation and issues, and also provides useful opportunities to share experiences with other parish councils.

Trees, Climate Change and the Environment

RCPC has been identifying ways to combat climate change on land within its control. We commissioned a Wildlife Trust report on improving the bio-diversity in Rowlands Copse (within the King's Meadow Estate) and will shortly be inviting contractors to undertake



the recommended works. As well as the clearing of a strip around the Copse to clarify ownership and discourage the dumping of garden waste and non-indigenous species in the Copse, these works will include thinning of the tree canopy to encourage more sunlight to the woodland floor, and works to enhance the pond area.

RCPC is likely to be embarking on a tree-planting initiative in the Autumn (the best time to plant trees) in tune with EHDC's pledge to plant 120,000 new trees by 2050. We are conscious that familiar landscapes are being changed at present as trees are cut down to combat ash dieback disease, and we are mindful that these need to be replaced preferably with UK-grown trees. Since the trial project at the Rec Ground, we have also identified further grassed areas (at the Rec, Deerleap Verge and Whichers Gate Common) which will remain uncut through the growing season to encourage flora and fauna.

Flood Alleviation

Rowlands Castle's Flood Action Group worked very hard to make sure the Parish's ditches were cleared in advance of the Autumn/Winter season. This was time well-spent given the heavy and prolonged rainfall which followed over several months. The water table rose to such an extent that not only is the Idsworth lavant still flowing at time of writing (including across the Woodberry Lane ford) but at

one point it was joined by the Chalton one coming down South Lane towards Finchdean. The recent fine weather will in time help reduce the flow and it's certainly made walking the many paths in the area more enjoyable. Sadly, one Comley Hill plot owner saw fit to obstruct the water course, causing flooding in neighbouring plots. The Group has been liaising with the Environment Agency and EHDC over enforcement action.

Planning Issues

RCPC has spent a lot of time considering and commenting upon recent planning applications. We have been disappointed by the quality of several larger scale ones. For example, an application to extend the Shell Garage had many inaccuracies, some of which still haven't been resolved despite the applicant having submitted 3 subsequent amendments to the original applications. Elsewhere, there appear to be conflicting applications for elements of the development of Land East of Horndean.

We were also disappointed to discover there is no formal system to ensure that developments are completed in accordance with approved plans. This is never more visible than with the Bargate development, aspects of which still remain

Continued

/ RC PARISH COUNCIL NEWS

Continued from previous page:

incomplete with no sign of them being resolved. The way the original decision notice was worded has not helped the situation as no clear timeframes were given, effectively providing the developer with an 'open-ended' agreement which is very frustrating. The developer, Bargate, has since been bought out by Vivid Homes.

The Latest on Traffic Calming Measures

Further to works on Manor Lodge Road and Finchdean Road, we have now approved further traffic-calming proposals under Hampshire County Council's Community-funded Initiative. This Initiative allows local organisations such as RCPC to fund minor traffic calming and pedestrian safety measures, with the works being advised upon, designed and carried out by HCC contractors. The proposals focus on Finchdean, Durrants Road, Woodberry Lane and Manor Lodge Road and will cost in the region of £12,000 which will be sourced from existing reserved funds. Soon, we will be launching a public consultation on these proposals prior to their implementation.

The Parish continues to benefit from the efforts of the local Speedwatch Team, which operates from locations approved by the Police. The Team was pleased to welcome several volunteers from this Parish recently and if you're interested and can spare a few hours a month, please contact the Parish Office for further details.

Rec Ground Matters

After the installation of the 2nd exit, the heavy and prolonged rainfall made it difficult and potentially hazardous to reinstate several items of equipment in the Play Area. We know this was disappointing for some users and we hope to rectify the situation as soon as the Govt eases the current 'lockdown' measures and the contractor can return to site. In the meantime, we have installed a permanent lighting system for the 2nd exit.



ABOVE: Idsworth lavant flowing towards Woodberry Lane.

What else has been happening?

Congratulations to the organisers and participants in the 'Meet and Greet' at the end of February to provide residents, especially those in the new developments, with information on all the local organisations which they might like to join.

After the appropriate tender process, RCPC decided to award the new grass cutting contract to the existing contractor on the grounds of cost and quality of service to date. When the 'lockdown' lifts, our contractor will be replacing broken slats on Council-owned benches.

A Regular Plea!

Finally, please make time to read the minutes of the monthly Council meetings if you want to keep up to date with what's going on in the Parish – see the Council's website and/or local noticeboards.

Our website also contains lots of information on the work of the Council as well as local events and history. If there's a particular event you'd like promoted on the website and/or on the Parish Council's Facebook page, please let us know.

/ IMPORTANT NOTICE

CORONAVIRUS (COVID-19) STAYING SAFE IN OUR VILLAGE

In the current pandemic, the Parish Office has been working closely with others to help arrange support for the vulnerable and/or older members of the community, eg., those who may be self-isolating.

Those needing support, together with those volunteering to help, should contact the Rowlands Castle Coronavirus Help Group on **RCcoronahelp@gmail.com** or Telephone **07895 368589**.

PLEASE NOTE:

- The Parish Hall is closed to all users
- 2. The Pavilion at the Recreation Ground, including public WCs, are closed to all users
- 3. The Annual Parish Meeting, due to be held on 27 April 2020 has been cancelled
- Public Opening Hours at the Parish Office are cancelled residents are welcome to call or email instead on clerk@rowlandscastlepc.org.uk or 02392 413044

These closures will last as long as Government guidelines advise.

Thank you for your understanding.

Remember to wash your hands thoroughly



NOTES FROM EAST HAMPSHIRE DISTRICT COUNCIL

Malcolm Johnson

Ward Councillor for all residents of Rowlands Castle, Finchdean and Idsworth

As I write this spring edition of my notes, we find ourselves right in the middle of the most serious health emergency to hit the village and the rest of the country in living memory. You don't need me to remind you how important it is to carefully follow all the advice coming from central government and national agencies for the protection of you and your family. Let us hope that we come out of this situation as quickly as possible with the minimum disruption to both family, village and national life.

By the time that you are reading this edition of Village and Valley you will have received this year's council tax demand and you will have noticed that East Hampshire District Council has raised it's element by 2% from the rate set last year. The extra income generated by this 2% increase is to be ring-fenced to provide a new welfare fund to be used throughout the district to help those in our communities who are in desperate need of extra support in these difficult times. We should remember how fortunate we are in Rowlands Castle, a prosperous community that is able to provide help to those in our local community in need of that little bit extra to make life more comfortable. Sadly, there are parts of East Hampshire that are not so fortunate and that is where this fund will be used to provide support to those in particular need.

Within the village it won't have gone unnoticed the near completion of the two new housing













nage: Freepik.com

developments in the centre of the village. I mention this as it's fair to say that the majority of comments made to me each year centre on the subject of development and its impact on the village. Many of you will recall that last year EHDC ran two public consultations on future development within the district outside the National Park, the second of which, last October, focused on large sites that could take over 600 housing units.

The site of interest to the village was of course the land to the south of the existing Land East of Horndean Development. The responses to those two consultations are now being analysed by the planning team at EHDC along with a small group of district councillors who form the Local Plan Working Group, of which I am one. We, with our local knowledge are guiding the planners as they move towards the next stage in the formulation of the new Local Plan for East Hampshire outside the Park. Later this summer there will be a further public consultation on what we hope will be the final version that will be put before a government planning inspector. He/she will decide on the soundness of our plan and with luck will approve the Plan which will then be the district's "planning bible" for the period up to 2036 but with periodic 5-year reviews along the way.

From time to time residents ask me about the Havant Thicket Winter Storage Reservoir, to give it its proper name. Well the good news is that everything is now on course for a planning application to be submitted later in the summer. A considerable amount of planning and investigations have been going over the past 9 months which will culminate in the plans being put before our two local planning authorities, Havant Borough Council and EHDC for their go-ahead on this long awaited and now much needed project. The good news is the costs won't fall on Portsmouth Water customers because it's Southern Water who have water supply shortages and so they will fund this development with all its leisure and wildlife benefits.

Before closing I must commend our local flood action group who have kept our culverts and ditches clear to enable this year's extremes of rainfall to be safely moved through the two villages without risking damage to houses as in previous years when we experienced very heavy rainfall.

And finally, as I always end my notes, please remember that on the first Thursday of each month along with our Hampshire County Councillor Marge Harvey and a representative from the Rowlands Castle Parish Council, I can be found in the village café between 1100 and 1200.

So, if you have something you wish to raise, we will be there. I can also be contacted at EHDC via email: malcolm.johnson@easthants.gov.uk or by phone 92412096.



YOUR MAGAZINE

This magazine is printed on FSC (FOREST STEWARDSHIP COUNCIL) approved paper stock which is sustainably sourced and fully recyclable.

/ HAMPSHIRE COUNTY COUNCIL

ACTIVITY UPDATE

Marge Harvey

As your Hampshire County Councillor I thought that you may like some facts about Hampshire.

Hampshires population is 1,376,300 (from 2018) the thirty most populous county in England, of which 85 percent is rural and 15 percent is urban.

Hampshire maintains 5400 miles of roads, 4300 miles of pavements, 1,33,000 street lights, 481 schools, 45 libraries, 3 Discovery Centres and 1 e- Library. They also have 16 care homes with beds for 960 older people, 9 residential homes for children and young people, 24 household waste centres and 5 country parks.

Every year 94 percent of all household waste is diverted from landfill, 40 percent is recycled and burnt for energy and powers 50,000 homes. Every day 454,000 people travel to work by car or van, 86,000 bus journeys are made and 4 percent are made by train. More than half of Hampshires EU citizens have signed up to the governments EU settlement scheme.

The budget (2020-21) includes spending £2.1 billion on delivering important spending on 1.3 million residents during the next financial year.

One off investment is pledged for tackling climate change (up to £2 million) and and extra £2 million each year for tackling pot holes with an additional £3 million for 20/21. This is on top of the £10 million spent annually on operation resilience, which is the long term strategy to ensure HCC road network is more resilient to the impact of heavy traffic and worsening winters.

Schools - 2019 GCSE performance stats confirm that HCC pupils continue to perform better than their peers

nationally at the end of year 11 along with 90 percent of our schools being judged as good or outstanding by Ofsted.

Social Care tops the list of priorities with people aged 75 and over in Hampshire increasing by almost one third over the next few years.

The County Council has agreed to a 3.99 percent increase in the Council tax precept from April 1st 2020 of which 2 percent is specifically for adult social care. Hampshire is still the second lowest Council tax of all counties in England.

HCC will also propose major investment in Hampshires economy, and the quality of the environment, with projects totalling £386.5 million over the next 3 years. Schemes include new and extended school buildings, with new schools and 19,100 new school places by by September 2023.

Improvements of roads and bridges and £830,000 to deal with the impact of Ash dieback and many other schemes.

Climate change has been placed at the top of the priority list with £2 million towards this and Parish and Town representatives will be invited to our regular climate change briefings.

Every year our Councillor's have grant money of £8,000 which is used for supporting local clubs etc. This year all of my budget has been spent on many things between Rowlands Castle and Horndean and other very worthy causes.

My budget opens again in June and I would be happy to help with any project. I do hope that this report covers what we do with your money and money from the government.

Locally, in Rowlands Castle we have many pot holes (which happens every winter) and if there are any in particular that you notice, you can either report them to HCC or let me know and I will report them.

Also flooding is back and myself amongst other flood wardens are working hard to help keep you safe. I would like to congratulate Andy Lee, who is the chairman of the flood group, who has spent, and



ABOVE: Idsworth lavant flowing over Woodberry Lane.

continues to spend, many hours making sure that flooding is covered, we are so lucky to have him!!

As you know, Woodberry Lane is closed and many people have been removing the barriers and driving through and as you may know, that not only does put you at risk, but if you get stuck, then your insurance is invalid, so please do not continue to drive through and think of others, who think the road is open because the barriers have been moved and then get stuck in the very fast moving water.

As always I am very happy to try and answer any questions that you may have and please remember my surgery that is shared with the District and Parish Council every month on the first Thursday. We will be very happy to see you and try and get answers to your problems.

Look forward to seeing you all.

Thankyou

We would like to thank:

All medical staff and emergency services who are providing an amazing service throughout the village

Bumble Bee Café

Halls Garage

Londis Store

Parish Council

Pharmacy

Post Office deliveries

Surgery

Volunteers of the Rowlands Castle Corona Help Line

And and any others we may have missed.

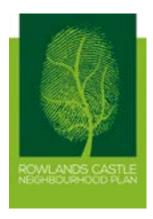
ROWLANDS CASTLE NEIGHBOURHOOD PLAN PROGRESS REPORT

lan Young Steering Group Chairman

The Rowlands Castle Neighbourhood Plan Steering Group (RCNP SG) continues to develop the draft policies for the Parish Neighbourhood Plan and has invited organisations in Rowlands Castle to provide any input on their future needs. The SG also continues to monitor closely the work of East Hampshire District Council (EHDC) in developing their new Local Plan and the activities of South Downs National Park Authority (SDNPA) following the adoption of their Local Plan last year. The outcome of the second public consultation on the EHDC LP held towards the end of last year will be of particular interest as one of the possible sites for major housing development, would be an extension of the currently approved Land East of Horndean development, and within the Rowlands Castle Parish boundary. The SG will continue to monitor, and where necessary comment on these possible development proposals for the EHDC LP.

A Neighbourhood Plan specialist consultant has recently been appointed to advise on further development of the RCNP. Following this activity, the SG intends further consultation to seek your views about the type of new development that you need in the Parish during the planning period from 2020 until 2036, so that they can be taken into account in the development of the Neighbourhood Plan. In addition to comments already received from residents, the SG continues to welcome comments from groups, organisations and businesses on any particular needs for and/or views on future developments in the Parish that would be of assistance to them. Plan policies.

The Group is meeting regularly to develop the Plan. If you would like to join the SG to contribute in



Our agreed vision for the Neighbourhood Plan is:

'To conserve and enhance the Parish of Rowlands Castle as an attractive community, whilst maintaining its separate identity, character and distinctiveness.'

this, or any other way, or if you would like further information on development of the Neighbourhood Plan, or to forward comments on future development needs, please contact Gill Whatley at the Parish Office - by phone (02392 413044) or email (projects@rowlandscastlepc.org.uk).

/ IMPORTANT NOTICE

CORONAVIRUS (COVID-19)DELIVERY OF MEDICAL SUPPLIES

During the COVID-19 Pandemic, Rowlands Castle Pharmacy wishes to assure residents that your entire family's health and well-being is our team's upmost priority.

To support you throughout the entire duration of this pandemic, we wish to let you know we can deliver your medication to your home free of charge.

We have an amazing network of volunteers and privately funded delivery service, who are DBS checked, that will ensure the safe delivery of your medication and have already done an amazing job this week delivering medication and toiletries to your door.

Together let's Keep our Village safe. Let's take the threat of COVID-19 seriously and stay indoors as much as possible.

Please do stay at home if you are symptomatic or have been/currently exposed to anyone with COVID-19 symptoms, or indeed simply following government guidance and sensibly self-isolating.

The Rowlands Castle Pharmacy team are here to help each and every one of you, and as a community we will get through this together.

Please do get in touch with Kay, Nemesh or the team on 02392 413952 for any urgent enquiries or feel free to email us at customercare@rowlandscastlepharmacy.co.uk for any non-urgent enquiries.

Remember to wash your hands thoroughly



BUMBLEBEE CAFF

We have confirmed we CAN continue to trade for our takeaway and delivery service.

We will be open on our normal days, but only between 9.30 am to 3 pm.

If you wish to place a pre-order, to help us with managing our stock control, could we please ask, that they are placed with us by 11 am. This can be via phone (02392 413523), by Facebook Messenger, or email contact@thebumblebeecafe.co.uk



Sunday 5th July Please see page 53

REMEMBER

SOCIAL

DISTANCING



All WI meetings and activities have been

Potential new members are encouraged to

MAYDAY PICNIC & BBO ON THE GREEN Fun for all, including music by the Blendworth Brass Band, BBO on the forecourt of the Fountain Inn. Collection in aid of the Rowan's Hospice. Contact: secretary@rowlandscastle.com

RCA QUIZ NIGHT

Saturday 17 OCTOBER 2020 **Parish Hall**

Always popular, come for the fun, food and prizes Contact: secretary@rowlandscastle.com



temporarily suspended.

Members will be kept in touch via our Newsletter.

contact our secretary Cathy Craggs on 07494 901075 or 02392 410123 or email: rowlandscastlesec@hampshirewi.org.uk



CHILDREN'S CHRISTMAS PARTY

SUNDAY 13TH DECEMBER 2020 11:00-1:00 pm Parish Hall

The annual RCA Children's Christmas Party in the Rowlands Castle Parish Hall. For children 0-6 yrs (with an adult). Magic Mikey entertainment, lots to eat and Father Christmas. £1 per child and a wrapped and labelled present for Father Christmas to give. Only open to children of the residents of Rowlands Castle.

EMSWORTH ARTS TRAIL

Please note this event has been cancelled.

REMEMBER WASH YOUR HANDS THOROUGHI Y

ALTON ABBFY

OPEN DAYS Saturday & Sunday April 25th & April 26th

12 noon - 5pm, admission £3. Tea and Cake £3. Letter cutting demonstration, beautiful stationery, second-hand books. Hadeel Palestinian Fair Trade products for sale. Organ Recital Saturday & Piano Recital Sunday 3 p.m.

Friends of Alton Abbey Registered Charity No 284876

THESE EVENTS MIGHT BE CANCELLED

ANNUAL FIREWORKS

SATURDAY 7th November 2020 Gates open 5:50 pm Fireworks 7:00 pm

Refreshments, children's rides and the spectacular firework display.

WHAT'S HAPPENING IN THE VILLAGE

SIGN UP TO THE GRAPEVINE

Grapevine is the village messaging service that sends out emails to those that have signed up about events and important information connected to the village.

To sign up, send a blank email to: grapevine@rowlandscastle.com



VOLUNTEERINGOPPORTUNITIES

ROWLANDS CASTLE ASSOCIATION

We welcome new committee members and other helpers for May Day picnic, the October Quiz, November Fireworks night, and monthly litter pick.

Please contact Helen Penfold chairman@rowlandscastle.com

ROWLANDS CASTLE U3A

RC U3A needs volunteers for Committee Members, we hold 9 mtgs per year.

Please contact Chairman on website www.u3asites.org.uk/rowlands-castle

ROWLANDS CASTLE HERITAGE CENTRE

We are seeking two more Trustees (legal, financial or surveying skills), members for the Management Working Group (ten meetings a year), a Treasurer, Archivists, , researchers and writers.

See our guidelines for 'Volunteering Practices': www.rowlandscastleheritagecentre.org.uk/ volunteering-in-our-community/

Please contact Alan Eyers, chairman RCHC: Tel; 02392 412433 Email: chair@rowlandscastleheritagecentre.org.uk

/ ST HUBERTS

NEWS FROM THE IDSWORTH CHURCH FRIENDS TRUST

Andrew Callender Chairman, The Idsworth Church Friends Trust

With the outbreak of Covid 19, the Trust has decided to postpone the majority of its meetings and events. Please note that the Friends AGM, scheduled for 30th April, at which Peter Martindale, Wall Paintings Conservator, was to be the speaker has been postponed until further notice.

The Folk Evening on Saturday 24th May has been postponed and the Autumn Concert on Saturday 5th September featuring the return of The Salieri String Quartet will be kept under review.

In the meantime, in partnership with the South Downs National Park Authority, much work and preparation is being done to create a lectern-style Interpretation Panel. This will be situated near the roadside entrance gate and give details of the history and heritage of St Hubert's in the surroundings of the Idsworth Valley. Leaflets composed of a church guide together with walks in the area are being created. There will also be an adventure trail worksheet for children. It is hoped to launch these new initiatives within the very near future.



/ RC U3A HISTORY GROUP

HOT TOPICSCLIMATE CHANGE

Part one of a series of articles from our local U3A covering topics relevant to all of us.

In the context of the present debate about climate change, it is worth looking at the history of the earth's climate. It is not necessary to look at the whole 4.5 billion years of the earth's existence; the most recent geological era, the cenozoic, starting 66 million years ago (mya) will suffice.

Early in this era the climate could be described as hothouse - high temperature (global average surface temperature about double today), high rainfall, no ice, sea level much higher than today, all land masses covered with rain forest, no large land animals,..... and the climate was still on a warming trend.

Then 49 mya something significant happened to reverse this warming. The significance of this cannot be over emphasised. It is conjectured that a fern (genus azolla) was carried by river into an arctic sea, where it thrived over many thousands of years, and by removing CO2 from the atmosphere, caused the reversal from a warming to a cooling trend. This cooling continued for millions of years, allowing the evolution of all the large mammals that exist today.

Eventually 2.6 mya, by then with permanent ice at both poles, the climate can be described as entering an ice age. This ice age continues today. Over this period of 2.6 million years, in which humans evolved, the climate has been relatively stable, within a temperature range of about six degrees between minimum and maximum glaciations. (Some refer to the maximum glaciations as little ice ages and the minimum glaciations as inter-glacial periods.) The most recent period within the cenozoic era is the holocene. It covers only the last 11,700 years, but this includes the whole of human development from stone age to smart phone. In this geologically short period, the climate has been very stable, within a range of one degree.....until humans began to mine and burn fossil fuels.

Already enough CO2 has been released into the atmosphere to raise the concentration of CO2 to a higher level than for 2.6 million years, resulting in the temperature moving outside the stable one degree range of the holocene period. By the end of this century, the temperature will probably be outside the six degree range of the last 2.6 million years.

49 mya a fern, in fortuitous geographical circumstances, by taking CO2 out of the atmosphere, triggered a cooling trend which eventually turned the earth's climate from hothouse to ice age.

Today, are humans, by adding CO2 to the atmosphere, triggering a warming trend which will eventually turn the earth's climate from ice age to hothouse?

BELOW: Members of our local U3A coming together to discuss Hot Topics impacting upon our lives today and in the future.



/ GARDENING CLUB

GROWING & GARDENING SPRING 2020

David Mitchell Chairman



A new venture for the club will be tree planting in the Village. We were given a grant jointly by RCA, and by Adrian Winnicott from the sale of the Village calendars this year. Thank you. The plan is to investigate planting trees this Autumn. We are very much feeling our way, but have the support of RCA and the Parish Council, so should be able to make a difference.

For our first meeting this year we had a visit from **Rosie Yeomans** talking about **Border Design**. As a very experienced plants woman she gave an interesting talk about the best mix of plants in a border through the seasons.

February was the turn of **Valerie Mitchell – 'Garden Birds & Their Songs'**. She was showing the result of two years filming over twenty different garden birds compiled into a video with their songs. She gave a very interesting talk about the birds themselves, their habits and differences, and the challenges filming them.

March 18 at the time of writing will be **The Butterfly Nursery 'Question and Answers'** How to best make butterflies welcome in your garden.





March 28 will have been The Spring Show. If past years are anything to go by you will have either enjoyed, or just missed another successful show.

April 15 will be club regular **Ray Broughton** – **'Creating a Wildflower garden'** Just the thing for anyone redesigning their existing, or planning a new garden.

New Gardening Club members are always welcome – especially those moving into a new house and struggling with a 'developer's' garden.
Come along to a Wednesday meeting and introduce yourselves to us so we can get to know you.

Further details David Mitchell (Chairman)
david@mtchl.com or visit the RCA website
www.rowlandscastle.com/- social & cultural.

IN ROWLANDS CASTLE, WOULD INFORMAL GUIDELINES HELP WHEN CONSIDERING DEVELOPMENTS TO OUR PROPERTIES?

Is Rowlands Castle a rural, semi-rural, suburban or even an urban community?

Introduction

This topic became a matter for discussion when the Inspector considering the boundaries of the putative new (but now enacted) South Downs National Park; he was lobbied by various bodies to extend the boundaries to protect local communities. A small group from Rowlands Castle (the then County and District Councillors and two other residents) lobbied the Inspector at a meeting in Worthing with a view to including the whole of Rowlands Castle Village within the National Park. The Inspector subsequently visited the Village but concluded that the Village itself was not of enough 'landscape interest' to be included, but he did redraw the proposed boundaries to include fields immediately to the north development boundary parallel with Wellswood Lane.

Background

In the past twenty years, three groups of volunteers have responded to invitations from the Parish Councils to draft planning documents to assist in developing our Village. The first was the Village Design Statement of 2000, and then the Parish Plan in 2008, and lastly the RC Local Landscape Character Assessment in 2012. Some residents who contributed to these three original plans felt a degree of frustration that their efforts only had limited and short-term effect. Now, in 2020, a similar group is preparing a Neighbourhood Plan which, unlike the previous three documents, should eventually have statutory effect (having been subject to a Planning Inspector's report, and a local

ballot) and would stand alongside the District Local Plan. The three earlier plans were all adopted by the Parish Council and the latter two were formally 'noted' by the District Council, but only served in the short term as 'supplementary planning guidance'.

While the current Local Plan proposed and adopted by East Hampshire District Council is set in a legal framework including the need to meet national housing objectives, there are many other more (subjective) matters which fall below the formal planning thresholds.

In recent years four new 'housing estates' - some 150 more houses, have been added to the Village, to a variety of architectural designs. The inclusion of flint facings is a reminder of flints in our fields, as had already been incorporated in our three churches and railway bridge, for example. Open areas, often with mature oak trees, have been retained to remind us of the ancient Forest of Bere. a dominant feature of the local landscape. New housing also adds to local traffic pressures on our roads and the need to manage parking. While we are fortunate that no 'main road' runs through The Green, the centre of the village, we now have a proliferation of yellow and white-lining and road signs. Unlike other local villages we have not yet suffered road humps nor traffic lights.

Proposal for Informal Guidelines

But apart from formal planning requirements, my experience of representing the Parish and contributing to two of the 'informal' Village plans, suggests that it would be helpful to draft after consultation voluntary (informal, statutorily

unenforceable) and 'adopt' guidelines for residents to resolve individually about their own properties (and, ideally, in consultation with their neighbours). These other aspects of our village environment may include, firstly, management of boundaries of our properties – whether open-plan, planted or hedged, fenced or walled (and to what height?). These all affect the ambience of a street or lane, becoming increasingly intrusive with size and height. Secondly, the decoration of properties and their gardens can affect the overall character of a road or lane.

Climate change

Furthermore, current society is becoming more aware and concerned about the prospects of 'Global Warming', and spontaneous demonstrations are now being held to protest about 'Extinction'. So, considerations about planting trees to mitigate the climate. Or to encourage bees and other pollinators by providing 'wildflower' lawns and beneficial shrubs. Or to leave gaps in our fences and hedges so that amphibians, slowworms and hedgehogs may range over a larger area and do not become 'hemmed in' or 'fenced out'. The Women's Institute have also provided planting of bulbs around the Village.

Any guidelines drafted may include encouragement for residents to visit other roads in the Village where boundaries are mostly left open, as in The Peak or Greatfield Way, for example. Natural hedges can be viewed along Links Lane where they range from 'wild' Hawthorn to Yew (both native species) or have many evergreen Laurels. But also note that Cupressus hedges usually become much broader and relatively unmanageable over time, so are now being removed. Residents may also like to 'adopt' local grass verges which they may wish to maintain more regularly and to higher standards.

Next steps

Stimulation of a local debate about the above whether Rowlands Castle is a predominantly rural or an urban settlement would provide a helpful starting

point. And an initial draft of the proposed 'informal guidelines' will be published for consultation. It will be made available parallel to this article from mid-April for six weeks, on the RCA's Website (rca.com). Residents views will be most welcome about how we might maintain a more rural or rustic ambience to our Village.

In addition to this article, the proposed 'guidelines' will be available on the RCA website – rca.com

Please also read the original Parish Plan of 2008 which is published with the Survey of Residents upon which much of it was based.

The Parish Plan can be viewed, on Rowlands Castle Heritage Centre Website on:

www.rowlandscastleheritagecentre.org.uk/plans/RC%20PP%20-FINAL.pdf

www.rowlandscastleheritagecentre.org.uk/ parish-plan-charts/

www.rowlandscastleheritagecentre.org.uk/parish-plan-comments/

This article has been drafted by Alan Drinkwater, a former member of both Working Groups for the Parish Plan and for the RC Local Landscape Character Assessment.

The views have been canvassed prior to this article, from local representatives of those local organisations likely to be affected by it.

Your views about this article and proposal for 'Voluntary Guidelines', both positive and negative, will be necessary for it to confirmed and introduced.

Your views will be welcomed.

 $\frac{24}{2}$

MURDER MOST FOUL

Gordon Charlesworth

In 1748 Daniel Chater was murdered in a wood near Rowlands Castle. He was thrown down a well, and killed with heavy stones and timbers. The body of William Galley of Southampton was buried nearby in a shallow grave.

Who did these terrible deeds, and why?

The culprits were smugglers; the infamous Hawkhurst Gang, some of whom used the White Hart Inn in Rowlands Castle as a base. The two murdered men had been part of a plan by the authorities to bring the Gang to justice, but they made the mistake of calling at the White Hart for directions.

A year later 7 men were found guilty of murder, and hanged in Chichester.

Were all smugglers this violent?

No! Smuggling was widespread, but because local people often benefited they turned a blind eye. The Hawkhurst Gang preferred coercion, and most people lived in fear of them. There were never any witnesses to speak against them!

However Chater was willing to swear before a magistrate that John Diamond, in jail in Chichester, was one of the gang. Chater was given an escort, William Galley, and they set off from Fordingbridge to East Marden one cold weekend in February 1748. As we know, they never arrived!

Eventually the double murder was discovered. A gang member turned King's Evidence and public outrage led to the trial and the demise of the gang.

The White Hart was renamed The Castle, and the present building replaced the original when the railway was built.

The gruesome events were comprehensively recorded at the time, but now most people are unaware of our dark past. There are accounts on the internet, and several local publications have told the story. In 2018 an excellent play, written by Greg Mosse, was performed in Chichester, but sadly not in Rowlands Castle! The play in turn inspired a Driftwood Troubadours song, which can be heard on YouTube at www.youtube.com/watch?v=Zz7hG4aFAM8



/ RC HERITAGE CENTRE

OUR ICONIC MODEL RAILWAY

Please note that the RCHC iconic model railway will not be on display at Stansted House this summer 2020. The room is no longer available to us as it is going to be used for a new display.

The Model Railway can, however, be viewed on the RCHC website: www.rowlandscastleheritagecentre.org.uk/modern-railway/

The RCHC Model Railway shows three You Tube videos: describing the model; meeting Peter Goss its originator and viewing the model in operation.

There are also descriptions of the railway, its interpretation and background.

Contact: Alan Eyers or Malcolm Smith for further information









A group of very enthusiastic local ladies meet twice every month with the exception of August. We meet on the 1st and 3rd Tuesday afternoons between 2 and 4pm. at St John's Church Centre at the top of Redhill Road.

We always begin our meetings with a rousing hymn and continue with a programme of activities suggested by members - including games, quizzes, craft, debates, beetle-drives, What's My Line, also seasonal meals and some outings. We round off the afternoon with a cuppa and posh biscuits. We hold our AGM every November. Members will make you most welcome if you would like to join us.

Please contact Gill at St John's Church Centre Parish Office on 92410111

ROWLANDS CASTLE RVS LUNCH CLUB Together for Older People

Rowlands Castle RVS Lunch Club continues to meet every Thursday in the Parish Hall.

It's a great way to socialize and meet old and new friends, catching up on each other's news and discussing many events (Very often how the world is changing!) We really do have a sociable time, sharing a meal together and our wonderful volunteers try to make it a special time for everyone.

Currently we are at maximum with 32 service users however if anyone would like to join us on Thursdays from 12:00pm to approx. 1: 30pm (no rush to get away) we will try and find space for them as changes do occur regularly.

Wherever possible we offer to pick up and take home our service users who are no longer able to drive themselves. If you have some time to spare, maybe once a month or more, please contact us and we will guide you through joining the Royal Voluntary Service.

For more information please contact Carol Milford 02392 412321 or Sue Leonard 02392 412108

Carol Milford RVS Volunteer Coordinator and Treasurer Sue Leonard Assistant RVS Volunteer Coordinator



/ RC RVS

HAMPERS READY

Carol Milford RVS Volunteer Coordinator and Treasurer Sue Leonard Assistant RVS Volunteer Coordinator



Rowlands Castle RVS Lunch Club is going from strength to strength with new members joining we find again we have reached maximum with a regular attendance of between 25 and 31, but we always keep a waiting list for anyone wishing to join. It's a great way of meeting old friends and making new ones, and you get a 2 course home cooked lunch!

Many of our members needing extra care and no longer able to drive or maybe walk so easily we find ourselves in need of volunteer drivers, so if anyone finds they have and hour or two to spare even just

once a month we would welcome you with open arms! Please contact either Carol Milford RVS Volunteer coordinator 02392 412321 or Sue Leonard RVS Volunteer Secretary 02392 412108.

Our Christmas celebrations started off with our Christmas Lunch, which we were delighted that some of our volunteer drivers were able to join us for, everyone saying it was a delicious meal. To provide the Christmas Lunch this year we were blessed with a very kind donation from RCGN, which paid for all of the food, we were most grateful and have sent our thanks to them.

Christmas celebrations continued with a late delivery of Christmas hampers from RVS nationally, which had been donated by Asda. These were distributed to all of our members and were met with many delighted smiles with remarks like "What for me" "How kind" "Oh I didn't expect this" which gave our volunteers delivering the hampers a great deal of pleasure. So special thanks goes to Asda and RVS for these beautiful hampers.

We thank everyone for supporting our lunch club especially our amazing volunteers.



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/ LOCAL EXPERTISE

BEES DO SWARM BUT WHY?

Martha Dombey Village beekeper

A swarm of bees is an amazing sight to see in the air. Do not be afraid. The bees are on a mission to find a new home. With their stomachs engorged with honey stores, following the pheromones of the Queen and direction from the scouts, they fly on mass together to protect the Queen to find a new home.

Why do they do this?

This is a Honey Bees way of proliferating. The location they had may have become too small for the number of bees or the original Queen is reaching the end of her life. A signal goes through the colony to all the workers. This signal encourages the female worker bees to feed certain egg filled cells with more Royal Jelly. This rich substance then produces a queen larvae. They may feed as many as 10 cells in this way, specially constructed twice the size of an ordinary cell to accommodate the larger Queen, who will become twice the size of a female worker honey bee. Only the strongest and fittest new Queen will survive. Then, either she or the old Queen will leave with a swarm of bees from their hive.

If you see a swarm in the air just take cover and watch and wait. You may see a swarm land and cluster on a tree, fence or object. Then, the first course of action is to call a BEEKEEPER! There are quite a few beekeepers in Rowlands Castle. You will be surprised just how many local beekeepers are tending hives on their property. If you cannot contact a beekeeper the swam will move on in a few hours or a couple of days.

PHOTO: Martha Dombey There are beekeepers on hand to retrieve swarms and you may like to watch the process. It is fascinating, the beekeeper will tell you all about Honey Bees.

Portsmouth and District Beekeepers, have dedicated volunteers to collect swarms, and can be contacted on these numbers:

Geoff Piper 02392593760 or 07305496088



/ COMMUNITY

MEET & GREET

Alan Eyers Vice President RCA

On Saturday 29th of February (it is a leap year remember) all of the; Organizations, Committees, Clubs and Societies in the Village got together in arranging a Meet & Greet, inviting the Residents and the New Residents along to St Johns Church Hall for a Coffee Morning.

Each setting up small stalls with Pictures, Banners,

sporting, general interests, Art, Further Education, help and assistance on offer within the Village.

We were also lucky to be able to welcome our newly elected MP, Flick Drummond, to the meeting, despite having other commitments on the day, she found time to chat with all the exhibitors and some of the visitors, taking great interest in what everyone had on offer for all age groups within the Village. Staying a little longer than she had first thought she would be able to. She has promised she will keep up to date on further events planned within the Village over the coming months.

Whilst there were not reports of any 'Proposals' on the day! Everyone enjoyed the morning, lots of a wide range of 'things' to do, for all age groups throughout the year. One couple visited who had only just moved in on the Friday. Could not have been any newer!

If you misted the event, there are links to all those who were there, on the RCA website, www.rowlandscastle.com You can check there for further details of how you can get involved in Village life.

You can also sign up to the Grapevine, an email service which will automatically send you information as they are posted; items of interest, activities, forth coming events, plus prior warnings notices from the Police and the other Essential Services regarding closures, criminal activities



VERNAL MELANCHOLIA

Tony Wright

With spring just around the corner, catkins and petals emerging, flash of green on spare branches, emerald moss and seemingly longer afternoons, it is right to feel that we live in a very special place. Yet a message from a friend announcing the sudden death of an old colleague brings the fragility of life back to earth; memories of his voice and gentle smiling eyes that had been lost in the melee of daily existence and the unending supply of virus updates. This torrent of urgent information feels like another media conflagration to build on flood and political turmoil the whole purpose of which is to distract from the real deal.

Perhaps we should just put up a border around the village and insulate ourselves against these emergent threats whilst we pay attention to those who are most important to us. Or perhaps the very good fortune we have right here is right to be shared; supporting others who are struggling. I would like to think that in my time of need there would indeed be a consoling arm and kind words.

/ LOCAL ARTS

RCPS PAINTING SOCIETY

Jan Roblin

Earlier in the year Rowlands Castle Painting
Society took part in a 'Meet and Greet' event
organized by the Rowlands Castle Heritage Centre.
The morning was mainly aimed at new residents
of Rowlands Castle to inform them of charity
organizations, clubs and societies within the
village, although all residents were welcomed.
Local MP Flick Drummond attended. Rowlands
Castle Painting Society enjoyed the event and were
very pleased to be invited to take part. Members
passed on information about The Society to all
interested. Thank you to the Heritage Centre for
the organizing the morning.

Also this spring we have held evening artist demonstrations by Sharon Hurst, Barry Lester, Roger Dellar and Lynne Davies. Our afternoon demonstration/workshops were by artists Sue Colyer, Gillian Merrett, Gill Dollery, Diane Colwell and Bob Payne all these have been very well attended. Our life and portrait drawing afternoons go from strength to strength.

In this 50th celebration year of The Society it was decided to move The Annual Rowlands Castle Society Exhibition from our usual spring date to the weekend of November 7th - 8th, 2020. Residents of the village would be most welcome to come along to view the paintings.

Because of the Coronavirus (COVID-19) please check out the website to keep up to date with any alterations to the current programme. There you can also find many photos from demonstrations and workshops. Our web site address is www. rowlandscastlepaintingsociety.co.uk or if you would like to speak to someone please call John Davis on 01243 371662.

BELOW: Lynne Davies at her evening demonstration.





/ ST JOHNS

UPDATE

Rev Vickie Morgan Churchwardens Terry and Pam

Rev Vickie Morgan has been with us for half a year now, and we are slowly getting to know her, although with 3 other parishes to look after, she's not as familiar as all that....

However, there is a good chance that someone will be appointed soon to help her – more about that to follow soon.

Spring is definitely here – the crocuses in the churchyard have been and gone – battered by the wind and rain – but the primroses are flourishing. By the time you read this, the Lent and Easter services will be past. As I write this, things are changing hour-by-hour because of the Corona virus.

Our normal pattern of events is:

Sunday at 8am: Traditional Holy Communion **Sunday at 10am:** Family Service, varying from week to week:

1st Sunday of month: All-Age service, light-hearted, with songs and activities to suit everyone. The picture here shows us at our café-style morning service in March, trying the After-Eight challenge . **3rd Sunday of month:** Family Communion **All other Sundays:** Morning Praise – different styles of service , sometimes lively, sometimes contemplative, always with music

On all Sundays except the 1st, we run Young Church, starting after the opening song in the main service, where children have their own activities in the Church Centre and return to Church at the end of the service.

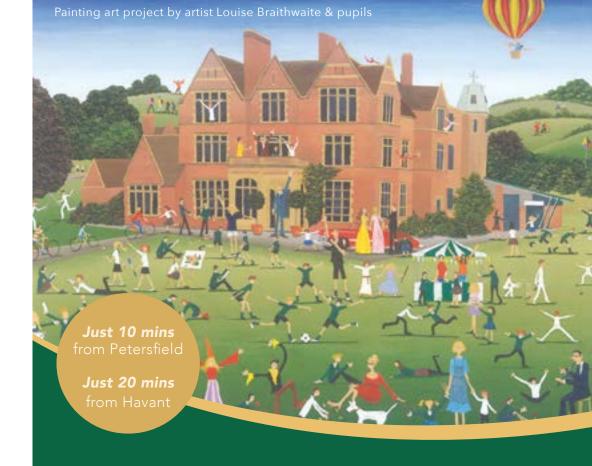
Monday at 9am: Morning Prayer, led by Rev Vicky (except on the 1st Monday of the month)

Monday at 9.30 – 11 15: Little Fishes – a time for under-5s and their carers to enjoy play and craft.

We hope to see you at some of these activities – but check the website to see the latest:

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/ WOMANS INSTITUTE

RCWI UPDATE

President: Jane Pickering rowlandscastlepres@hampshirewi.org.uk Secretary: Cathy Craggs rowlandscastlesec@hampshirewi.org.uk

We would love to welcome new members to RCWI. We are a fully inclusive, friendly group with a wide variety of interests and we try to ensure we have something for everyone. From theatre and cinema trips to visits to places of interest, both local and further afield, we organise activities to appeal to all. We have reading and book clubs, a craft club, fun scrabble and quizzes. If there's something we haven't thought of - come and join us and let us know! Our monthly meetings are held in the Parish Hall and include a talk or demonstration and are a perfect opportunity to meet and make new friends.

Recently we have visited The Poppy Factory at Richmond to see how these iconic items are made and discover the history of the poppy as symbol of



remembrance and hope and visited the Bombay Sapphire Gin Factory. Our talks have included Canine Partners, a charity that trains assistance dogs which transform the lives of those living with disabilities, and in complete contrast, we were treated to a delightful talk on the history of the clothing worn by the Tudor housewife. Coming up we have the Hampshire Federation Spring Council Meeting with Ben Fogle as guest speaker, our hugely successful Spring Fair on 30 May in the Parish Hall and we will be present at the 'Meet and Greet' event aimed at showcasing all the wonderful organisations in Rowlands Castle for newer residents of the village.

If you would like to know more, come along to a meeting and enjoy a cup of tea/coffee or a glass of wine with us on the second Monday of each month (except August) at 7.30pm in the Parish Hall, Links Lane. Drop us an email if you've any questions and/or to let us know you're coming along.





U3A Groups Monthly Calendar

DAY	TIME	GROUP	
Monday - weekly	09:00	Spanish Improvers	
Monday - 1 st / 3 rd	10:30	French Conversation	
Monday - weekly	14:00	Bridge Refreshers	
Monday - 1 st	19:00	Performance	
Monday - 2 nd / 4 th	14:30	Spanish Intermediate	
Monday – 4 th	19:00	Science	
Tuesday – weekly	10:00 - 11:00	Spanish Beginners	
Tuesday - 1 st	14:00	Art Appreciation	
Tuesday - 2 nd	14:00	Play Reading	
Tuesday – 2 nd	11.00	Poetry Reading	
Tuesday - 4 th	14:30	Current affairs	
Tuesday – 3rd	19:00 - 21:00	Quizzing	
Wed - weekly	10:00	Yoga Pilates	
Wed-2 nd /4 th	14.00 - 15.30	Table Tennis	
Wed – 3rd	14:00	Music Appreciation	
Wed - 2 nd / 4 th	19:00	Wine Tasting	
Thurs - 2 nd / 4 th	09:30	Cycling	
Thurs - 2 nd / 4 th	19:00	Italian intermediate	
Thurs - 3 rd	10:30	History	
Thurs - 3 rd or 4 th	14:00	Computing & IT	
Thursday - 1 st	19:00	Travel	
Friday – 2 nd	09:00	Nature Walks	
Fri – 3 rd	09:45 for 10:00	Walking	
Fri – 4 th or 4 th Wed	12:30	Lunch	
Fri – fortnightly	14.00	Short Tennis	

/ RCU 3A

Rowlands Castle U3A extends a warm welcome to those seeking interesting and stimulating activities with a chance to meet new people. Formed in 2013 we currently have over 160 Members and wide ranging Specialist Interest Groups to choose from.

Our monthly meetings take place in the Parish Hall, 11 Links Lane P09 6AD at 2pm on the 3rd Monday of each month except July and August. We have a speaker each month on a range of subjects to suit all tastes, with a chance to chat and mix afterwards over tea and hiscuits.

Visitors are welcome for an entrance fee and new members can come along, join up and find out more. Why not join us, make new friends and learn from each other?

Further details on the website www.u3asites.org.uk/rowlands-castle

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HAVE YOUR SAY

All content for this magazine is provided by readers like you and new contributions are welcome.

CONTRIBUTION GUIDELINES

The Village magazine is published three times a year by the RCA. The aims of the RCA are to act as a channel of communication for the village, to conserve its character and to enhance the life of its residents.

Please note that all contributions should be submitted by the following dates:

SPRING issue: 18th March

SUMMER issue: 18th June

AUTUMN issue: 18th October

Contributions should be between 200-300 words. and you should provide at least one image to accompany your article (max 10MB file size). Please include images as a separate file(s), not as part of a Word doc.

Send your contribution to: editor@rowlandscastle.com

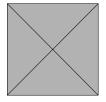




/ GOOD NEIGHBOURS

UPDATE

lan Hewitt Chairman



Good Neighbours basic task continues while those involved are ever changing.

If you need any help – or know of anyone who may do e.q. with:

- Transport to hospital, library, shopping or a social event
- Collecting prescriptions
- Any other neighbourly activity?
 then please remind them of our help line 0845 519 6641

Please give at least 48 hours notice but don't phone more than 2 weeks ahead.

Some of our longest serving volunteers have retired; Barbara Brown has been a volunteer since

we started 30 years ago. We also bid farewell to two other stalwarts, Sylvia Tompkinson and Jean Berks. Barbara carried out nearly 200 tasks, Sylvia over 150 and Jean nearly 100. We join the grateful clients in a huge THANK YOU to them for their enormous contributions to our village community.

Thank you, too, to Gillian for joining the committee and to David, a recent volunteer.

Also to Alan Ayres and team for organising February's Meet and Greet morning and to Adrian, Frank, Gail and Liane who all expressed interest in volunteering and whose registration is being progressed.

Sadly we had to cancel our Spring coffee morning due to concern about Coronavirus.





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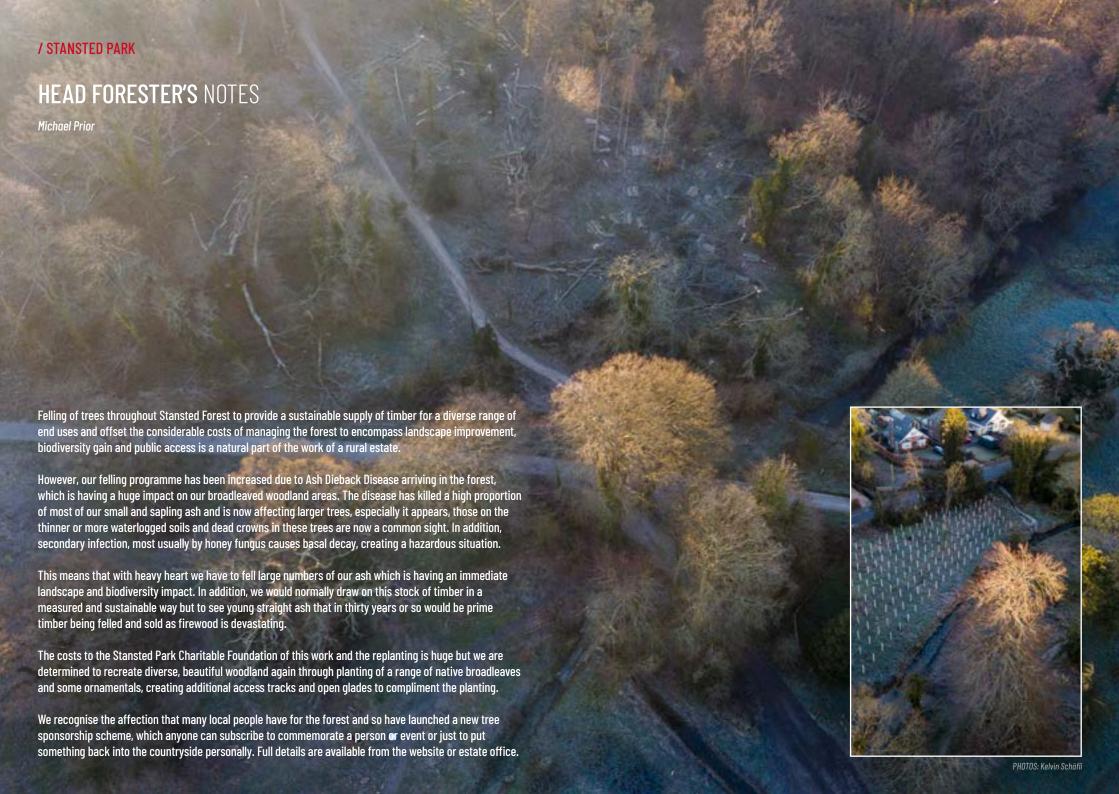
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/ CHURCH ON THE GREEN

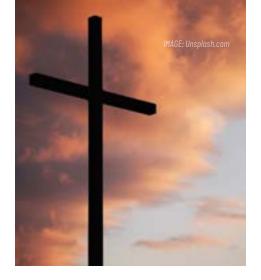
UNCERTAIN TIMES

Jace - Student Pastor

It seems ironic that the last heading for our Church magazine article back in the Autumn was 'Looking Ahead!'. Now, with all this uncertainty of the Covid – 19 virus, this is exactly what we must all do, be positive, stay safe and look ahead!

We all live in a very changeable and fast moving world, nothing is certain and the unexpected is only just around the corner but one thing in life is for certain and this is found in the Bible in the book of Hebrews chapter thirteen and verse eight.........Jesus Christ is the same yesterday and today and forever. Praise God for this!!!!!

Our hearts go out to each and every one who risk their own lives on a day to day basis to look after and tend to those who are needy and sick, So many putting others before themselves in a world of chaos, panic buying and disease. One person, the only perfect human who has walked the face of this earth, God's only son did exactly this over two thousand years ago, putting the world before himself in giving his life, dying on a cross, nailed hand and foot for us and for the sins and wrong doings that we all commit on a daily basis. So vast and great was and is His love, that ALL He requires of us in return is to love and trust Him and believe in Him with ALL of our hearts and minds and when we do this, we have God's unbreakable promise of our sins forgiven, peace with himself and an everlasting life in a place called Heaven, where there will be NO MORE sin, crime, tears, suffering, sickness, fear, heartache, pain or death.



Our Christmas activities in December 2019 went great, starting with Carols over Coffee, then our Christmas Carol service and finishing with our special Christmas Day service. Our Tuesday and Wednesday coffee mornings is seeing larger numbers. We have also seen the numbers of our mums, dads, carers and toddlers group called Music Makers grow and grow each week too, so much so, that, when this popular group makes its return, we will have to start holding it in our newly refurbished Chapel!

It is with sadness and a heavy heart but ALL Church services and activities have been cancelled until further notice in conjunction with the Government rules and guidelines over Covid – 19. We did have our Annual Musical evening planned at the end of March and a BBQ and Family service planned for the end of May but again, both have been postponed for later in the year, God willing!

As a Church serving the community we would like to say to you ALL, take care, God bless and stay safe. If you do need to contact us for ANY reason, including Prayer, help or words of comfort then our website address is: www.church-on-the-green.org.uk and our email address is:

everyone@church-on-the-green.org.uk

We will leave you with the words of Corrie Ten Boom...
"If you look at the world, you'll be distressed. If you look
within, you'll be depressed. But if you look at Christ,
you'll be at rest."

/ LOCAL TALENT

NEW RC MUSIC EVENT

This year a new music event is being planned for Rowlands Castle. The 'Rowlands Castle Music Festival'. Successful village duo 'Driftwood' are planning to host a charity music festival in the marquee on the afternoon of Sunday July 5 the day after the Village Fair. 2 pm 'till 6 pm Thank you to The Village Fair Committee and the Parish Council for allowing us to use the marquee for this event. The plan is for a variety of laid back music during the afternoon – bring a picnic and seating.

So far we have

Driftwood - performing their own songs.

Froddy – mainly covers of 70's & 80's contemporary folk songs. Guitar, mandoline and banjo.

Village Friends –beautiful singing and quality guitar playing from Nicky and Mario.

A Local Choir – tba, a good variety of songs well sung.

Bring a picnic. Entry will be free, but we will be collecting for charity.



Rowlands Castle Charity Music Festival

Featuring

Driftwood

Singer Songwriters

Froddy

70's & 80's Covers

Village Friends

Quality Guitar and Vocals

A Local Choir, tba

Songs Beautifully Sung

Sunday July 5

Village Fair Marquee
From 2 pm until 6pm
Bring a Picnic
Free entry – charity donation.

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EXERCISES FOR NECK PAIN AND STIFFNESS

Natalie March

Tips and exercises from Award Winning Physio, Natalie March from Physio-logical, a chartered physiotherapist based in Rowlands Castle and Havant

We are delighted to announce that our new Horndean clinic opened on 3rd March 2020. We are based within the brand new Horndean Doctors Surgery. We are really pleased to able to offer more appointment options to the local community.

Today we will share with you some exercises and advice if you have neck pain and stiffness.

Signs and Symptoms of Cervical Spondylosis (neck pain secondary to natural ageing)

- Upper back or neck pain when sitting
- Aching or sharp pain in the neck
- General shoulder pain and tightness.
- Headaches often starting at the back of the neck
- Reduced neck rotation and struggling to turn when driving

Neck Treatment

The main aims of treatment are to reduce the pain in the neck, the tightness within the neck muscles, and change the postures that aggravate your symptoms.

This is achieved by hands on treatments including: neck joint mobilisations, massage, stretches, advice, nerve mobilisations, soft tissue release, strengthening exercises and acupuncture

Also ergonomic advice and education – raise your book and laptops as they should be at eye level so you are not constantly looking down. Plus move regularly every 20 minutes.

If you are suffering from neck pain, have been told by your doctor you have cervical spondylosis but are not sure what to do or have any other aches or pains then please get in contact with us via enquiries@physio-logical.net, 07835 712306 or book online at https://physio-logical.net/contact-us/

Our team of experienced physiotherapists, sports therapist and soft tissue therapists can help. We all regularly see patients with a wide range of neck arthritis, pain and stiffness at our three Physio-logical clinics in Havant, Rowlands Castle and Horndean.

Here is a testimonial from one of our patients who had neck pain:

"I went to Physio-logical after having seen two consultants and another physio...none of whom could do anything for me. I have arthritis in the upper vertebrae of my neck and this causes severe pain in the head and also greatly restricts movement. The consultants could only suggest more and stronger pain killers. Physio-logical, with their wonderful hands, began to bring relief and slowly greater mobility in my head and neck. I did, at one time, think I would have to give up driving. That, because of Physio-logical, has proved not to be the case.

Now, after some time, I have managed to greatly reduce the medication and at times have been pain free. At the beginning of the treatment Physio-logical offered hope where there had been none before. I cannot thank them enough for my enhanced quality of life" (Mrs.B)

Exercises for Neck Pain and Stiffness

Please be aware of your body and take advice from your GP before exercising if you have any aches or pains or send me an email enquiries@physio-logical. net for advice and quidance.

Neck Retraction

This exercise will help improve posture and reduce symptoms

- Sit up tall
- Keeping your eyes looking forwards
- Tuck your chin to your chest (make a double chin)
- Hold 5 seconds, repeat ten times, three times a day



Neck Rotation

- Rotate your head to one side until you can't turn it any further.
- Bring your head back to the centre point, rest a moment, then turn your head to the opposite side.
- · Repeat ten times, three times a day



Shoulder Shrugs + Rolls

- Shrug your shoulders up towards your ears then relax down
- Roll your shoulders round backwards then repeat forwards
- Repeat each exercise ten times, three times a day



Newsletters:

If you would like to subscribe to our monthly newsletter where we share self help tips and exercises then please email us at enquiries@physio-logical.net

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Collections may be/will be later in the day or even the next day so do not pull your bin back off the kerb.

Please do not call to report a missed bin, EHDC have requested we all have patience as they are working with reduced crews.

YOUR BINS WILL BE COLLECTED.

Please let your neighbours know, help elderly and isolated neighbours near you to put the bins out.

For more information go to

https://www.easthants.gov.uk/covid-19-bin-collections-update

Remember to wash your hands thoroughly



/ RC TENNIS CLUB

CLUB NEWS

Katie Rowley

We are a small village club, located in the Recreational ground in the village. We have three all weather hard courts, and offer a yearly family membership for under £100! There is an online booking system for members, and free mix in club nights on a Monday and Friday evening, which often finishes with a drink in one of our local public bars! For a small village club we continue to do well; with many social tournaments throughout the year, teams competing in the Hampshire leagues, and our own club competitions which are always well attended as well as social evenings. We had great results in the leagues again this year winning the Ladies summer 2019 Division 3, The Colin Manvell Trophy for Sportsmanship and the Best Post Match

Tea in our Masters' Division. This Xmas we were delighted that 24 members turned up to run off their turkey and trimmings with a fun tournament and we all enjoyed some hot soup and mulled wine court side post exercise!

We also offer an adult and junior tennis coaching programme throughout the year, which is run by our local tennis coach Katie fb.me/KatieRowleyTennis. Please visit our website for more details on all the coaching initiatives and for more information about our club. We are currently investigating the potential for floodlights at the courts, so an all year round tennis programme can be enjoyed by our members.

We are running a FREE, "Come and play" session on Sunday April 19th 12-2pm. All ages are welcome, and there will be a promotional offer on yearly family and single memberships available on the day.

Membership enquiries: Roger Castle sec@rctc.co.uk

Coaching enquiries: Katie Rowley ktrowely@btinternet.com 07810273389



/ LOCAL SPORT

ROWING TO GET FIT

Alexandra Wright

As the warmer days start to arrive, the thought of getting outside in the open air becomes even more appealing. Recent research suggests that time spent outdoors is great for mental health, boosts our immune system and makes exercise actually feel easier.

This makes now the perfect time to try Gig Rowing. I have been Gig Rowing at Tudor Sailing Club for six months. It's sociable, more fun than the gym and being out on the water and in the open air is just incredible. Come along and try for yourself! The health benefits of rowing are too numerous for a short article, but include weight loss, building muscle strength and stress reduction. It's also low impact which means less likelihood of injury,

despite exercising all your major muscle groups. Rowing is straightforward enough to enable you to get in and have a go so you'll be taking part straightaway; from there it's just a question of developing your technique as you strength and skill improves.

Most importantly, rowing is great fun. Tudor Sailing Club is very welcoming to new people and the rowing section is a friendly and fast-growing group. This means that not only are you getting great exercise but you're having a good laugh at the same time. We row in Langstone Harbour, often alongside the resident seal colony. Our rows may even include a stop for a cup of coffee. It's amazing how many coffee shops can be approached from the sea... So come along and try something new! What have you got to lose?

To find out more, or arrange a taster session, simply email:

rowing@tudorsailing.org.uk or visit the club web site at: www.tudorsailing.org.uk/



ROWLANDS CASTLE GROUPS, CLUBS, AND COMMITTEES

Badminton Club	Bill Wilson 02392412405
Castle Court Badminton Club	Vince lbbs 02392454325
Castle United Football Club	Stephen Crooks 07910516685
Castle United Youth Football Club	Karen Stevens 07889990829
Children's Christmas Party	secretary@rowlandscastle.com
Duplicate Bridge Club	Graham Lavender 07941358491
Fireworks Display	secretary@rowlandscastle.com
Gardening Club	david@mtchl.com
Good Neighbours	lan Hewitt 02392412941
Heritage Centre	editor@rowlandscastleheritagecentre.org.uk
Historical Society	contact@rowlandscastlehistorical.com
Jigsaw Playschool	Lorraine Bryant 0239292412095
Little Fishes Toddler Group,	St. Johns Parish Office 02392410111
May Day Picnic on the Green	secretary@rowlandscastle.com
Painting Society	www.rowlandscastlepaintingsociety.co.uk/
Public Tennis	Parish Clerk 02392413044
Rowlands Castle Association	chair@rowlandscastle.com
Rowlands Castle Rainbows/Guides	rcrainbows@hotmail.com
RVS Lunch Club	Carol Milford 02392412321
Scout/Beavers Group	02392413359
Short Mat Bowls Club	Benard Bee 02392412814
Stansted Park Cricket Club	stanstedpark.play-cricket.com/
Tennis Club	sec@rctc.co.uk
Toddler Group	Leigh rctoddlergroup@hotmail.co.uk
U3A	www.u3asites.org.uk/rowlands-castle/home
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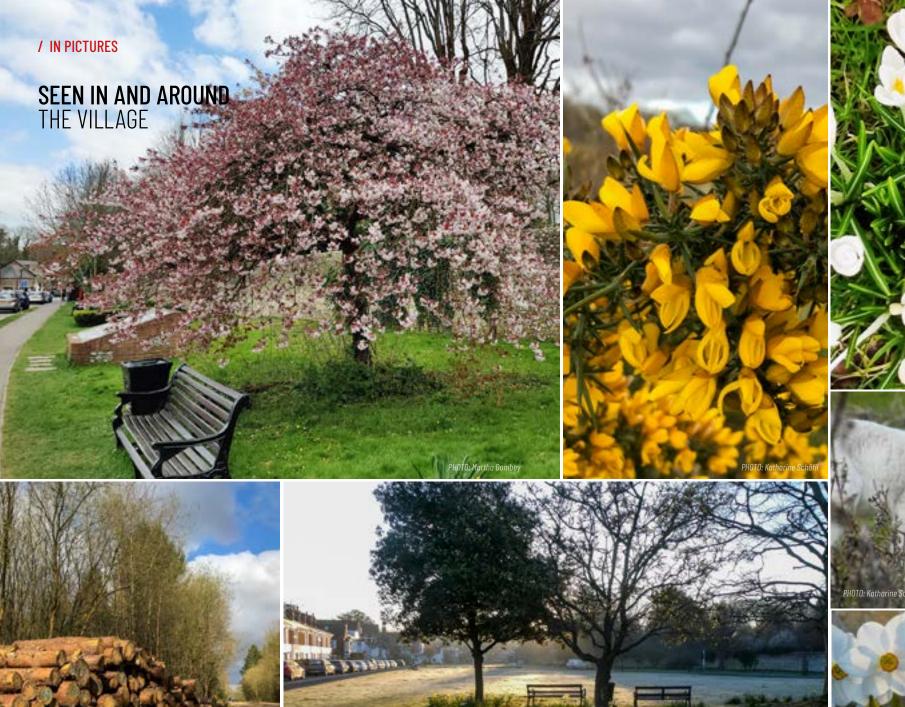
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RAPHAEL
REMBRANDT
RENE MAGRITTE
SALVADOR DALI
TITIAN
VINCENT VAN GOGH
WASSILY KANDINSKY

SPOT 12 DIFFERENCES IN THESE TWO PICTURES





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/ COMMUNITY

ROWLANDS CASTLE GRAPEVINE



- Grapevine is an email list intended for sending urgent or important messages to everyone in the Village, such as dates of public meetings, road closures and events.
- You may join the list by sending a completely blank email with a blank subject to: grapevine@rowlandscastle.com
- Anyone who has joined the list can send out a Grapevine to the village, by sending the Grapevine to: info@rowlandscastle.com
- Email addresses will never be disclosed to anyone else, you will not receive spam and you will receive only important, infrequent messages.
- To unsubscribe if you don't want to receive these Grapevines anymore send a completely blank email, blank subject to: info-unsubscribe@rowlandscastle.com

Important notes

- For maximum effect, keep it short, simple and to the point.
- Do not send attachments, photographs or use different fonts/type face.
- The Grapevine does not support attachments, photographs or different fonts.
- · Send your message in plain text.
- Choose a good title for the subject line.
- Test how it looks by sending your Grapevine to yourself or a friend first, to check your spelling, grammar and most importantly, dates, times and contact details.
- Whatever you send will be seen by everyone, so do not include any message unless you intend it to be read by everyone.

All Grapevines must have a point of contact, telephone number or email or link to further information on the event or subject.

Grapevine is an email list intended for sending urgent or important messages to everyone in the Village, such as dates of public meetings or road closures.

Political messages, conversations, blogs, discussions, commercial advertising, fundraising or selling/giving away items is not permitted on the grapevine.

The Rowlands Castle Village Grapevine is run by the Rowlands Castle Association





THE ROWLANDS CASTLE ASSOCIATION



The Rowlands Castle Website

The Rowlands Castle website has been running for some years now and is moderated by the Rowlands Castle Association. Here you will find information about all aspects of the village from the churches and shops to the various clubs and points of interest. We welcome photographs about the village and the events held in the village that we can post on the website. This is the link to the Rowlands Castle Website www.rowlandscastle.com

The website is currently being updated and if you have any up to date information or changes to add please email: - webmaster@rowlandscastle.com

The Grapevine

The Grapevine email system is run by the Rowlands Castle Association committee. It is a channel of communication for the village of Rowlands Castle. It is an automated system and is moderated by two members of the committee to make sure that the items posted are of value and interest to the villagers. The Grapevine posts important notices, messages, events and news. Items of a commercial or fundraising nature are not accepted. There are approximately 600 villagers that view or post on the RCA Grapevine. To date many villagers have found this to be a reliable and useful tool for reminders of events around the village.

To find out how to receive Grapevine postings go to this link: www.rowlandscastle.com

The Rowlands Castle Facebook page

The Rowlands Castle Facebook page is run by members of the committee and anyone can send in articles, events, news and photographs to be moderated and posted by the RCA. The RCA would appreciate any new photos of the village, so please send them by private message so they can be moderated and added. One of the highest numbers of audience hits to this page happened in March 2018 when we posted a picture of the snow at St. Huberts church. The photograph was taken by the RCA Magazine Editor Kelvin Shafli and received 2.6 thousand views in one day!

RUA Facebook page: @rowlandscastleassociation



The Village Noticeboard

The Rowlands Castle Association notice board has recently been renewed and is located outside the Londis shop in the village. Here the RCA post notices about events that they organise, the May Day Picnic on the Green, annual fundraising Quiz Night, Fireworks event and Rowlands Castle Children's Christmas Party. The minutes of the committee meetings are also posted here for everyone to view.

To contact the RCA about anything go to: www.rowlandscastle.com



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www.hants.gov.uk/aboutthecouncil/contact Open 8:30am to 5pm

Rowlands Castle Parish Council

Open to the public between 10am and on 12 Noon on Tuesdays and Thursdays, and at other times by appointment.

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A dog owner or walker must remove their dog's mess from land used by the public. If you don't do this, you may be given a fixed penalty fine of £50 by a dog warden or other council officer. You may also be prosecuted and fined up to £1,000. Responsible dog ownership means always taking a scoop or bags with you, and disposing of any mess in bins provided.

REPORTING

Report dog fouling online or call Animal Welfare on 01730 234319. www.easthants.gov.uk

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